

# RIVER RAFTING PACKING LIST

## Things to Pack

- Water resistant shirts, pants
- Quick dry underwear and socks
- Bathing suit
- Lightweight windbreaker / rain jacket
- Warm sweater or fleece
- Water shoes
- Toiletries (for overnight stays)
- Large dry bag
- Small dry bag (or day trip bag)
- Waterproof camera
- Chargers and spare batteries

## Day Pack

## Toiletries

- |   |  |
|---|--|
| <input type="checkbox"/> Sunscreen or Sun Sleeves     | <input type="checkbox"/> Toothbrush and toothpaste         |
| <input type="checkbox"/> Sunglasses (with neck strap) | <input type="checkbox"/> Hairbrush                         |
| <input type="checkbox"/> Insect repellent             | <input type="checkbox"/> Microfiber towel                  |
| <input type="checkbox"/> Bandana                      | <input type="checkbox"/> Body lotion                       |
| <input type="checkbox"/> Soap and hand sanitizer      | <input type="checkbox"/> Shampoo and conditioner           |
| <input type="checkbox"/> Headlamp or flashlight       | <input type="checkbox"/> Lip balm                          |
| <input type="checkbox"/> First Aid kit                | <input type="checkbox"/> Prescription medication           |
| <input type="checkbox"/> Multi-tool or pocket knife   | <input type="checkbox"/> Contact lenses/glasses            |
| <input type="checkbox"/> Dry change of clothes        | <input type="checkbox"/> After Bite and after sun ointment |
| <input type="checkbox"/> Hat                          | <input type="checkbox"/> Eye mask and ear plugs            |